



CAPITAL
WOMEN'S
CARE

"Working Together for Women's Health"

**PATIENT
HISTORY
FORM**
PAGE 1

Name _____
Date of Birth _____
Date of Visit _____

Age: _____ Marital Status: _____ Occupation: _____ Primary Care Physician: _____

Pharmacy: _____ Reason for Visit: _____

Current Contraception: None Natural Family Planning Diaphragm Condoms Birth Control Pills – Brand: _____
Contraceptive Gel/Foam Patch NuvaRing DepoProvera® IUD
Tubal Ligation Essure® Nexplanon® Implanon® Vasectomy

If Postmenopausal, are you currently on Hormone Replacement Therapy? Yes No Have you ever been on HRT? Yes No

Medication Allergies: None _____

List all prescription medications you are currently using: None _____

List all non-prescription medications or supplements you are currently using: None _____

What was the first day of your last menstrual period? _____

When was your last mammogram? _____

Do you perform breast self-exams monthly? _____ Yes No

When was your last PAP test? _____

Do you have a history of Sexually Transmitted Disease? _____ Yes No

Have you had 5 or more sexual partners? _____ Yes No

Was your age at first intercourse under the age of 16? _____ Yes No

Were you exposed to DES (Diethylstilbestrol) before birth? _____ Yes No

Have you ever had an abnormal PAP smear? _____ Yes No

Do you exercise regularly? _____ Yes No

Do you use seatbelts? _____ Yes No

Do you smoke? _____ Yes No
How much? _____

Do you drink alcohol? _____ Yes No
How much and how often? _____

Do you use any recreational drugs? _____ Yes No
What kind and how often? _____

Surgeries or Hospitalizations: None

Type of surgery or reason for hospitalization	Date	Doctor	Hospital or Facility

Pregnancies (include losses or terminations) and adoptions: None

Year	Male/Female	Weight	Vaginal, C-Section or Adoption	Complications

Do you have, or have you ever had ...

- Diabetes _____ High Blood Pressure _____ Chronic Lung Condition _____ Osteoporosis _____
- Asthma _____ Mitral Valve Prolapse _____ Alcohol Abuse _____ High Cholesterol _____
- Stroke _____ Seizures/Epilepsy _____ Drug/Substance Abuse _____ Rheumatic Fever _____
- Ulcers _____ Tuberculosis _____ Hepatitis/Liver Disorder/Jaundice _____ Blood Tranfusion _____
- Heart Disease _____ Bowel Trouble _____ Blood Clots in Legs/Lung/Heart _____ Transfusion Reactions _____
- Chronic Anemia _____ Kidney Stones _____ Autoimmune Diseases (lupus, etc.) _____ Anesthetic Reactions _____
- Thyroid Disorder _____ Bleeding Disorder _____ Depression, anxiety _____ Eating Disorder _____

Cancer _____ Yes No If yes: type, date and treatment? _____

Other disease? _____



**PATIENT
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PAGE 2

Name _____
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Are you currently experiencing any of the following? (Please check all the apply.)

- | | | |
|--|--|--|
| <input type="checkbox"/> Chills | <input type="checkbox"/> Fever | <input type="checkbox"/> Vision Changes |
| <input type="checkbox"/> Ear Infection | <input type="checkbox"/> Sore Throat | <input type="checkbox"/> Shortness of Breath |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Cough | <input type="checkbox"/> Palpitations |
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Irregular Heartbeat | <input type="checkbox"/> Nausea or Vomiting |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Incontinence |
| <input type="checkbox"/> Pain with Urination | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Sexual Problems |
| <input type="checkbox"/> Change in Vaginal Discharge | <input type="checkbox"/> Vaginal Itching | <input type="checkbox"/> Weight Change |
| <input type="checkbox"/> Cold Intolerance | <input type="checkbox"/> Heat Intolerance | <input type="checkbox"/> Hives |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Depression | <input type="checkbox"/> Muscle Aches |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Tremors | <input type="checkbox"/> Blood Clotting |
| <input type="checkbox"/> Change in Color/Size of Moles | <input type="checkbox"/> Rashes | |
| <input type="checkbox"/> Bleeding | <input type="checkbox"/> Joint Pain | |
| <input type="checkbox"/> None of the Above | <input type="checkbox"/> Easy Bruising | |

Please list any major illnesses that have occurred in your family, and your relationship to the family member:

Illness	Relationship	Illness	Relationship
<input type="checkbox"/> Breast Cancer	_____	<input type="checkbox"/> Thyroid Disorder	_____
<input type="checkbox"/> Ovarian Cancer	_____	<input type="checkbox"/> Coronary Artery Disease	_____
<input type="checkbox"/> Colon Cancer	_____	<input type="checkbox"/> High Cholesterol	_____
<input type="checkbox"/> Osteoporosis	_____	<input type="checkbox"/> Stroke	_____
<input type="checkbox"/> Diabetes	_____	<input type="checkbox"/> High Blood Pressure	_____

Additional Notes: